

POLICY FOR NUTRITIONAL STANDARDS

Introduction

There are increasing concerns about obesity in children. Information is provided to pupils as part of PSHE, food studies and science teaching, and many schools participate in the Healthy Schools programme.

The governing body of every secondary school, and of those primary schools that opt to provide school meals, must ensure that any lunches provided meet with the standards prescribed in the Nutritional Standards for School Lunches (England) Regulations 2000. Guidance is available from www.dfes.gov.uk/schoollunches and www.legislation.hmso.gov.uk. See also the government's Healthy School Programme, www.wiredforhealth.gov.uk and www.teachernet.gov.uk/management. (for Schools Standards and Framework Act and nutritional information).

This policy should be read in conjunction with respective policies relating to our Healthy Living strategy.

Aim

Governors aim to set nutritional standards that lead to active and healthy lives. We believe that healthy children are best able to take advantage of the educational opportunities that the school provides.

Roles and responsibilities of headteacher, other staff, governors

The headteacher will ensure that:

- Guidance is made available for staff based on the Nutritional Standards for School Lunches (England) regulations 2000.
- External providers of lunches conform to the Regulations.
- The agreed standards for free school meals are implemented.
- Content, cost and provision are monitored.
- Special dietary needs of children and staff are catered for (vegetarian, Halal, kosher, etc)

All staff are expected to promote healthy eating in accordance with Government guidance issued to schools .

The governing body will:

- Ensure that lunches meet with the standards prescribed in the Nutritional Standards for School Lunches (England) Regulations 2000.
- Establish standards for free school meals and monitor their content, cost and provision.

Arrangements for monitoring and evaluation

The governing body will receive an annual report from the headteacher on the extent to which external providers conform to the Regulations in terms of content, cost and provision, and the number of pupils receiving free school meals. Surveys of pupils will be undertaken, to establish whether pupils are satisfied with the quality of the meals offered.

Relationship to other policies

Improving and sustaining good nutritional standards is included where appropriate in all curriculum policies, health and safety and the home-school agreement.

This Nutritional Standards Policy was
Reviewed by the Headteacher and staff in
Reviewed and approved by the School Committee of the Governing Body in
Approved by the Governing Body on
The policy will be reviewed in