

HEALTH AND SEX EDUCATION POLICY

Holy Trinity is a Church of England Aided Primary School drawing pupils from a wide geographical area, with a mix of religious backgrounds. This policy echoes the school's mission statement in that our community is based on the model of the Christian family, stressing care, respect, self-discipline and responsibility for all.

Aims

The aims of this aspect of the curriculum are:

- to provide a basic knowledge of health and human development
- to understand the importance of personal hygiene, diet and exercise
- to encourage a sense of responsibility for personal well-being and respect for others
- to enable children to appreciate individual physical and emotional differences
- to use their increasing knowledge to build self-confidence and the ability to make informed decisions

This will all be underpinned by the school's policies on discipline and bullying, and its ethos of promoting moral values. It follows the school's published aim "to develop the child's belief in their own individual value, so that they will grow into independent, self-motivated, and disciplined citizens".

National Curriculum

We consider it important that sex education is seen as an integral part of the whole health curriculum. The National Curriculum requires us to cover human reproduction, health and cleanliness, drug abuse etc.

It is taught through cross curricular themes such as: Ourselves, Families and Friendship, Life Processes and Growth. The School Nurse is involved in the programme, for example she covers Puberty in year 6. Other agencies are used as appropriate.

Parents

Parents have the right to withdraw their children from sex education lessons, although in practice elements of this subject may be covered in across curricular way.

Dissemination

As with all other policies, this policy will be available for inspection by parents.

Policy formulation and ratification

This policy was formulated by teaching staff and members of the governing body, following guidelines provided and documented in "The Policy and Practice of Sex Education in Berkshire Schools". Issues considered included:

- scope of topics
- method of delivery
- the need for the policy to mesh with other school policies as a natural part of the curriculum

Policy monitoring and evaluation

This policy will be reviewed formally every 2 years, and modified as necessary in the interim.

SCHEME OF WORK

Attached to this policy is a scheme of work containing teaching method, age appropriate content and resources.

Equal Opportunities

This policy is in line with the school's Equal Opportunities and Race Equality Policies.

Review date: May 2005

Ref: Policies/Sex-Ed